



## Food Arts and Wellness Retreats 7 days

**Note:** Price printed on this PDF is valid until **03-05-2025** and is subject to change without notice due to Partner changes and currency fluctuations

**Visit:** manila- Rizal- Antipolo - Masungi - Angono

### Escorted Experience

- Fixed Dates
- Modern Airconditioned Vehicle
- First Class Hotels

### Tour Vehicle

Car or Small Van AC

## Detailed Itinerary

### Day 01: Day 01 Arrival in Manila

Meet and greet at the Airport by GGTS Representative Check-in at Novotel Hotel Araneta Center Manila  
Rest of the afternoon is free at leisure Overnight accommodation

### Day 02: Day 02 Manila/ Rizal

Start with tour to coffee selection at Premier Lounge on the 24th Floor (subject to availability) Depart hotel and proceed to Rustic Mornings by Isabelo for your breakfast. Rustic Mornings by Isabelo offers a venue with rural-like setting. Plants stones and trees enclose the place keeping the dining area hidden within, but as you enter you will see a romantic brunch haven within a mini forest. The set-up of the dining area is purposely divided to give you an intimate and exclusive space with the persons you choose to dine with. After breakfast, proceed to Pinto Art Museum Walking around Pinto Art Museum is a visual retreat. With aged doorways, windows, and quirky art pieces, every turn of the corner reveals something interesting. There are countless photographic opportunities waiting at every angle to satisfy any shutterbug's cravings. Lunch at the Museum Café Depart Pinto Art Museum and proceed to Crescent Moon Café and Pottery The Crescent Moon Cafe houses the store for Lanelle Abueva-Fernando's stoneware ceramics. Each piece is handmade in the studio. Light snacks will be served Lanelle has been in the ceramic business since 1981. She graduated with a Certificate in Fine Arts from the University of the Philippines Diliman, later apprenticed with a potter in Hachijojima, Japan for three years, and furthered her studies in ceramics at the Sun Valley Center For The Arts in Idaho, USA. After the eruption of Mount Pinatubo in 1991, Lanelle began incorporating volcanic ash glaze into some of her pieces. She also tied up with the EVA Charity Foundation, an organization which supports indigenous peoples displaced by the eruption. Move on to Luljetta's Hanging Gardens and Spa for wellness spa treatment Luljetta's Hanging Gardens and Spa is the first and only hanging gardens and spa in the Philippines. It offers health and wellness services amidst garden groves and lush greenery, which is a balm to both body and soul Check-in at the hotel Rest of the afternoon is free at leisure Overnight accommodation Breakfast and lunch included.

### Day 03: Day 03 Rizal | Antipolo

After breakfast in the hotel, continue for one-time spa at the Luljetta's Place is included (pre-book is required) Luljetta's Place – Garden Suites offers a holistic approach on health and wellbeing. Lush and idyllic gardens surround the resort, and the different functional amenities and spa services to provide a serene and a calm atmosphere. Traditional Hilot – powerful therapy rooted in Filipino wellness tradition. Light to medium pressure strokes that soothe and restore with warm virgin coconut oil. 90 minutes. Rest of the

afternoon is free at leisure Overnight accommodation Breakfast included.

**Day 04: Day 04 Rizal | Masungi**

After breakfast in the hotel, depart and proceed to Masungi Georeserve. The Masungi Georeserve is the first conservation project in the Philippines situated in the Southern Sierra Madre range. It centers on the geological formations of Masungi Rock, at an elevation of 640 metres (2,100 ft). This georeserve is characterized by rugged limestone karst peaks, steep slopes, and surrounding lush montane rainforests. It contains several caves, including the Yungib ni Ruben (Ruben's Cave), which features stalactite and stalagmite formations, as well as a man-made fountain. Lunch at a local restaurant Continue your trip to Daranak Falls. Nestled at the foot of Tanay Mountains in Rizal, Daranak Falls is dotted with natural vegetation, ponds and rivers that cascades through tropical trees and plants. Back to hotel in the afternoon Overnight accommodation Breakfast and lunch included.

**Day 05: Day 05 Rizal | Angono**

After breakfast in the hotel, rest of the morning is free at leisure Check-out hotel proceed to Angono, Rizal Take an exhilarating trip to the idyllic town of Angono nestled between the hills of Antipolo and famous Laguna de Bay. The town's claim to fame is the many famous visual artist like Carlos "Botong" Francisco. Visit the Angono Wall Street Visit Nemiranda Arthouse, a gallery operated by renowned painter Nemi Miranda who has won various awards and distinctions locally and abroad for his works. Proceed to Tiamzon Gallery, the Blanco Family Museum and the residence of the late Carlos "Botong" Francisco Afternoon snacks will be served at a local restaurant before heading back to hotel Check-in at Novotel Hotel Araneta Center Manila Overnight accommodation Breakfast included.

**Day 06: Day 06 Manila | Free Time at Leisure (B)**

After breakfast in the hotel, rest of the day is free at leisure Overnight accommodation Breakfast included.

**Day 07: Day 07 Manila/ Flight Back Home (B)**

After breakfast in the hotel, rest of the morning is free or until check-out time Depart hotel and proceed to International Airport for your flight back home

**Inclusion**

- ? Room accommodation:
- 03nights in a Deluxe Room at NOVOTEL HOTEL ARANETA CENTER MANILA
- 03nights in a Deluxe Room at LULJETTA'S HANGING GARDEN & SUITES
- ? Roundtrip private transportation during transfers and tours
- ? Services of an English-speaking Airport Coordinator during transfers
- ? Services of a French-speaking Guide during transfers and sightseeing tours
- ? Sightseeing tours as mentioned in the itinerary including meals and use of transportation
- ? All admission fees during sightseeing tours

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? 90minute spa at Luljettas Spa Wellness – Philippine Hilot Massage

### Exclusion

Drink during meals  
Tip, portorage fees and gratuities  
Domestic Travel insurance

### Note

Accommodations at Novotel Araneta Center Manila; Luljetta's Hanging Garden & Suites

## Tour Dates & Pricing

